

SMC MENU FOR FEBRUARY 2009

SUN	MON	TUE	WED	THU	FRI	SAT
			4	5	6	
			LUNCH OUT	LUNCH OUT	PIZZA	
	9	10	11	12	13	
	Veg. Bean Chili Saltines Carrot/ Celery Sticks Mixed Tropical Fruit Skim Milk	Chick. Salad w/ Lettuce/ Tomato Veg. Soup Broccoli Salad Wheat Bread Applesauce Skim Milk	LUNCH OUT	Pork Cutlet Gr. Northern Beans Garden Salad Orange Slices Biscuit Choc. Milk	PIZZA	
	16	17	18	19	20	
	Spag. W/ Meat Sauce Parm. Cheese Broccoli Veg. Salad Cut Cantaloupe Choc. Milk	Turkey Breast Veg. Blend Mashed Potatoes Carrot Raisin Salad Peach Cobbler Skim Milk	LUNCH OUT	Sloppy Joe Yellow Corn Pea Salad Wheat Bun Orange Sections Skim Milk	PIZZA	
	23		25	26	27	
	Beef Stew Spinach Salad Biscuit French Dressing Choc. Chip Granola Bar Skim Milk	Baked Chicken Breast w/ Black Bean Salsa Fiesta Corn Spanish Rice Sour Cream Banana Choc. Milk	LUNCH OUT	Swiss Steak/ Gravy Zucchini Baked Potato Wheat Roll Cantaloupe Choc. Milk	PIZZA	